

# Courtney Selby, Pharm.D., BCACP

*Futuristic • Empathy • Harmony • Maximizer • Analytical*

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## Academic Appointment

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### **Associate Professor of Pharmacy Practice**

Harding University College of Pharmacy (HUCOP); Searcy, AR

Jul 2018 – present

## Post-Graduate Training

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### **ASHP Accredited PGY1 Community-Based Pharmacy Residency**

ARcare; Augusta, AR

Director: Gabriella Douglass, Pharm.D., BCACP, AAHIVP,  
BC-ADM, TTS, ACUE

Jul 2017 – Jun 2018

## Education

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### **Doctor of Pharmacy**

University of Arkansas for Medical Sciences College of  
Pharmacy; Little Rock, AR

Aug 2013 – May 2017

### **Pre-Pharmacy Curriculum**

University of Central Arkansas; Conway, AR

Aug 2010 – May 2013

## Professional Experience

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### **Clinical Pharmacist, Ambulatory Care**

ARcare; Searcy and Bald Knob, AR

Jul 2018 – present

### **Contract Medication Therapy Management Pharmacist**

Aspen RxHealth; Remote

Dec 2021 – Aug 2024

### **Relief Pharmacist**

ARcare Pharmacy; Cabot, AR

Jul 2018 – Mar 2020

### **Pharmacy Intern**

Walmart Pharmacy #05706; Little Rock, AR

Aug 2013 – May 2017

## Licensure & Certifications

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<b>Arkansas Pharmacists License, PD14096</b> Arkansas State Board of Pharmacy	Jul 2017 – present
<b>Board Certified Ambulatory Care Pharmacist, 6154106</b> Board of Pharmacy Specialties	Dec 2022 – present
<b>QPR Suicide Prevention Gatekeeper</b> QPR Institute	Mar 2022
<b>Psychiatric Certificate Program</b> Arizona Pharmacists Association	Nov 2021
<b>Delivering Medication Therapy Management Services</b> American Pharmacists Association	Nov 2020
<b>Basic Life Support for the Healthcare Provider</b> American Heart Association	Apr 2021 – present
<b>Bleeding Control Basic v. 2.0 Course</b> American College of Surgeons Committee on Trauma	Aug 2019
<b>Teaching Certificate</b> University of Arkansas for Medical Sciences	Jun 2018
<b>The Pharmacist &amp; Patient-Centered Diabetes Care</b> American Pharmacists Association	Sep 2017
<b>Pharmacy-Based Immunization Delivery</b> American Pharmacists Association	Mar 2016

## Teaching Experience

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### **Courses Coordinated – Harding University College of Pharmacy**

#### **PHA 6350 – Applied Pharmacotherapy II**

2023 - present

1 Credit Hour, 2<sup>nd</sup> Year, Spring Semester

*This course is the second in a series of applied pharmacotherapy courses designed to assist students in developing patient assessment skills and formulating pharmacotherapeutic recommendations based on the application of pharmacology, medicinal chemistry, and pharmacotherapy through patient case presentation and discussion. Students will learn basic skills for evaluating and monitoring pharmacotherapy as well as common triaging skills utilized in various pharmacy settings. The course will review basic laboratory monitoring, methods of physical assessment, the concepts of pharmacy care, therapeutic planning, and monitoring drug therapy. The course will assist the student with developing insight into the relationship between these components and the patient's pharmacotherapy. Students will be required to demonstrate assessment techniques. This course aligns with disease state topics in and serves as an extension of the integrated pharmacy sequence courses.*

#### **PHA 7400 – APhA Institute on Substance Use Disorders Elective**

2023 - present

2 Credit Hours, 2<sup>nd</sup> or 3<sup>rd</sup> Year, Summer Semester

#### **PHA 6340 – Applied Pharmacotherapy I**

2022 – present

1 Credit Hour, 2<sup>nd</sup> Year, Fall Semester

*This course is the first in a series of applied pharmacotherapy courses designed to assist students in developing patient assessment skills and formulating pharmacotherapeutic recommendations based on the application of pharmacology, medicinal chemistry, and pharmacotherapy through patient case presentation and discussion. Students will learn basic skills for evaluating and monitoring pharmacotherapy as well as common triaging skills utilized in various pharmacy settings. The course will review basic laboratory monitoring, methods of physical assessment, the concepts of pharmacy care, therapeutic planning, and monitoring drug therapy. The course will assist the student with developing insight into the relationship between these components and the patient's pharmacotherapy. Students will be required to demonstrate assessment techniques. This course aligns with disease state topics in and serves as an extension of the integrated pharmacy sequence courses.*

#### **PHA 6770 – Patient Assessment**

2019 - 2021

2 Credit Hours, 2<sup>nd</sup> Year, Fall Semester

*An interactive course designed to introduce the student to the pharmacy care process, especially the relationship between patient assessment skills and the pharmacist. Basic skills for evaluating and monitoring pharmacotherapy as well as common triaging skills utilized in various pharmacy settings. A review basic laboratory monitoring, methods of physical assessment, the concepts of pharmacy care, therapeutic planning, and monitoring drug therapy. Assists the student with developing insight into the relationship between these components and the patient's pharmacotherapy. Demonstration assessment techniques required. Preparation for pharmacotherapy sequences and pharmacy practice experiences.*

## Current Didactic Teaching Assignments – Harding University College of Pharmacy

<b>PHA 7580 – Patient Centered Care VIII</b> ( <i>3<sup>rd</sup> Year; Fall Semester</i> )	2023 - present
Ambulatory Care Simulation (6 hrs.)	
Interprofessional Older Adult Care Escape Room Activity (2 hrs.)	
<b>PHA 6940 – Integrated Sequence IV</b> ( <i>2<sup>nd</sup> Year; Spring Semester, 2<sup>nd</sup> Section</i> )	2023 - present
Anxiety Lecture (2 hrs.)	
Bipolar Disorder Lecture (2 hrs.)	
Depression Lectures (4 hrs.)	
Schizophrenia Lecture (2 hrs.)	
Sleep Disorders Lecture (2 hrs.)	
Substance-Related Disorders Lectures (12 hrs.)	
<b>PHA 6930 – Integrated Sequence III</b> ( <i>2<sup>nd</sup> Year; Spring Semester, 1<sup>st</sup> Section</i> )	2023 - present
ADHD Lecture (2 hrs.)	
<b>PHA 6350 – Applied Pharmacotherapy II</b> ( <i>2<sup>nd</sup> Year; Spring Semester</i> )	2023 - present
Case Recitations (9 hrs.)	
Diabetes Assessment Lab	
Opioids Assessment Lab	
Injections Lab	
Hearing Voices Simulation	
Nicotine Replacement Therapy Counseling Lab	
<b>PHA 6920 – Integrated Sequence II</b> ( <i>2<sup>nd</sup> Year; Fall Semester, 2<sup>nd</sup> Section</i> )	2024 – present
Acne and Psoriasis (2 hrs.)	
Dermatitis (2 hrs.)	
<b>PHA 6340 – Applied Pharmacotherapy I</b> ( <i>2<sup>nd</sup> Year; Fall Semester</i> )	2022 - present
Case Recitations (6 hrs.)	
Patient Interview and Vital Signs Lab	
Hypertension and Heart Failure Assessment Lab	
SOAP Note Lab	
Transition of Care Lab	
Pulmonary Assessment and Counseling Lab	
<b>PHA 5540 – Self-Care Therapeutics</b> ( <i>1<sup>st</sup> Year; Spring Semester</i> )	2022 – present
Case Recitations (2 hrs.)	
Tobacco Cessation Lecture (2 hrs.)	
Acne (1 hr.)	
Minor Burns, Sunburns, and Wounds (1 hr.)	
Atopic Dermatitis and Dry Skin (1 hr.)	
Scaly Dermatoses (1 hr.)	
Contact Dermatitis, Diaper Dermatitis, and Prickly Heat (2 hrs.)	

## Current Experiential Teaching Assignments – Harding University College of Pharmacy

**PHA 8700 – Academia Advanced Pharmacy Practice Experience** 2024-present  
160-Hour Elective Experience. 2 students.

**PHA 7770 – Ambulatory Care Introductory Pharmacy Practice Experience** 2019 – present  
42-Hour Required Experience. 81 total students since 2019.

## Current Residency Experience Assignments – ARcare Residency Programs

**Community-Based PGY1 – Academia Elective** 2025 – present  
6-Week Elective Learning Experience. 1 resident since 2025

**Community-Based PGY1 – Teaching and Learning** 2020 – present  
11-Month Required Longitudinal Learning Experience. 2-3 residents per year, 9 total residents since 2020.

## Previous Didactic Teaching Assignments – Harding University College of Pharmacy

**PHA 6540 – Patient-Centered Care IV** (*2<sup>nd</sup> Year; Summer Semester*) 2022 – 2023  
Concepts in Dyslipidemia Lecture (2 hrs.)

**PHA 6910 – Integrated Sequence I** (*2<sup>nd</sup> Year; Fall Semester, 1<sup>st</sup> Section*) 2022 – 2023  
Dyslipidemia (6 hrs.)

**PHA 5510 – Patient-Centered Care I** (*1<sup>st</sup> Year; Summer Semester*) 2021 - 2023  
Patient Advocacy Lecture (1 hr.)

**PHA 7740 – Patient-Centered Care V** (*3<sup>rd</sup> Year; Fall Semester*) 2019 – 2020  
Ambulatory Care Simulation (6 hrs.)

**PHA 7750 – Patient Centered Care VI** (*3<sup>rd</sup> Year; Spring Semester*) 2019 – 2022  
The Pharmacists Patient Care Process Lecture (1 hr.)  
Ambulatory Care Simulation (2 hrs.)

**PHA 7530 – Pharmacotherapy IV** (*3<sup>rd</sup> Year; Spring Semester*) 2020 – 2023  
Intro to CNS Pharmacotherapy & the DSM-V (Lecture; 2 hrs.)  
Schizophrenia Lecture (2 hrs.)  
Bipolar Disorder Lecture (2 hrs.)  
Depression Lectures (4 hrs.)  
Anxiety Lecture (2 hrs.)  
Sleep Disorders Lecture (2 hrs.)  
Substance-Related Disorders Lectures (6 hrs.)

### **Previous Didactic Teaching Assignments – Harding University College of Pharmacy (contd.)**

**PHA 5540 – Self-Care Therapeutics** (*1<sup>st</sup> Year; Spring Semester*) 2019 – 2024

Headache and Fever Lecture (2 hrs.)  
Ophthalmic and Contact Lens-Related Disorders (2 hrs.)  
Otic Disorders (1 hr.)  
Overweight and Obesity (1 hr.)

**PHA 6510 Pharmacotherapy II** (*2<sup>nd</sup> Year; Spring Semester*) 2019 – 2020

Ophthalmic Disorders Lecture (2 hrs.)

**PHA 7790 – Special Populations** (*3<sup>rd</sup> Year; Fall Semester*) 2018 – 2022

Pharmacotherapy Considerations for Older Adults Lecture (4 hrs.)  
Interprofessional Older Adult Care Escape Room Activity (2 hrs.)

**PHA 6500 – Pharmacotherapy I** (*2<sup>nd</sup> Year; Fall Semester*) 2018 – 2021

Dyslipidemia Lecture (6 hrs.)

**PHA 6770 – Patient Assessment** (*2<sup>nd</sup> Year; Fall Semester*) 2018 – 2021

Principles of Patient Assessment Lecture (2 hrs.)  
Hypertension, Heart Failure, and Chest Pain Assessment Lecture and Lab (2 hrs.)  
Diabetes and Dyslipidemia Assessment Lecture and Lab (2 hrs.)  
Mental and Behavioral Health Assessment Lecture and Lab (2 hrs.)  
Asthma and Chronic Obstructive Pulmonary Disorder Assessment Lecture and Lab (2 hrs.)

**PHA 5030 – Biostatistics and Literature Evaluation** (*1<sup>st</sup> Year; Spring Semester*) 2018 – 2021

Bivariate Analysis and Comparing Groups Lecture and Activity (3 hrs.)

**PHA 5710 – Patient-Centered Care II** (*1<sup>st</sup> Year; Spring Semester*) 2018 – 2021

Introduction to Diabetes Mellitus (2 hrs.)  
Concepts in Dyslipidemia (2 hrs.)

### **Previous Didactic Teaching Assignments – Harding University Physician Assistant Program**

**PAS 6210 – Clinical Pharmacology I** (*1<sup>st</sup> Year; Fall Semester*) 2018 - 2023

Dyslipidemia Treatment Lecture (3.5 hrs.)

**PAS 6220 – Clinical Pharmacology II** (*1<sup>st</sup> Year; Spring Semester*) 2019 – 2020

Thyroid, Parathyroid, Pituitary, and Adrenal Gland Disorders Treatment Lecture (3.5 hrs.)

**PAS 6230 – Clinical Pharmacology III** (*1<sup>st</sup> Year; Summer Semester*) 2021 – 2024

Eating Disorders, Substance-Related Disorders, and Obesity Treatment Lecture (3.5 hrs.)

## Previous Experiential Teaching Assignments – Harding University College of Pharmacy

**PHA 8100 – Ambulatory Care Advanced Pharmacy Practice Experience** 2019 – 2024  
160-Hour Required Experience. Approximately 10-11 students per year, 61 total.

## Previous Residency Experience Assignments – ARcare Residency Programs

**Ambulatory Care PGY2 – Chronic Disease State Management** 2021 – 2023  
11-Month Required Longitudinal Learning Experience. 1 resident per year, 3 total.

**Ambulatory Care PGY2 – Teaching and Learning** 2021 – 2023  
11-Month Required Longitudinal Learning Experience. 1 resident per year, 3 total.

## Scholarship

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### Publications

Amin P, Jones S, **Selby C**, McCarty J, Smith F, Douglass G. Provider survey of the roles of clinical pharmacists in primary care in a Federally Qualified Health Center versus an Accountable Care Organization. *Exploratory Research in Clinical and Social Pharmacy* 2023; 9:100242.

### National Platform Presentations

**Selby C**. Semaglutide vs. Liraglutide for Weight Reduction. CEImpact Monthly Journal Club. Virtual. Jul 2022.

**Selby C**. PharmTalk: Telehealth Pearls and Innovations. Meeting rural mental health needs with general behavioral health integration. American Pharmacists Association (APhA) Annual Meeting 2022. San Antonio, TX. Mar 2022.

### Abstracts & Posters

Kirksey B, Cypert K, **Selby C**, Kamdem LK. The relationship between oxytocin and anxiety and depression. Arkansas Association of Health-System Pharmacists (AAHP) Fall Seminar. Little Rock, AR. Oct 2023.

Encore Presentation: American Society of Health System Pharmacists (ASHP) Midyear Clinical Meeting. Anaheim, CA. Dec 2023.

Robertson A, Wilson A, Smith F, Shipp M, **Selby C**. Cracking the code: a clinical escape room to enhance interprofessional collaboration. American College of Clinical Pharmacy (ACCP) Virtual Poster Symposium. May 2022.

Coursey R, **Selby C**, Jones S, Smith F, Douglass G. Cross-sectional study of COVID-19 vaccination hesitancy in Arkansas at a federally qualified health center. ASHP Midyear Clinical Meeting. Virtual. Dec 2021

Amin P, **Selby C**, Jones S, Smith F, Douglass G. Provider satisfaction with clinical pharmacy consults at a federally qualified health center. ASHP Midyear Clinical Meeting. Virtual. Dec 2020.

### **Abstracts & Posters (contd.)**

Borne T, Jones S, **Selby C**, Smith F, Douglass G. Analyzing the impact of medication therapy problem resolution on glycemic control through pharmacist-led state of emergency telehealth during the COVID-19 pandemic. ASHP Midyear Clinical Meeting. Virtual. Dec 2020

Jones S, **Selby C**, Rigsby A, Mvere I, Douglass G. Impact of an interprofessional hypertension clinic on patient outcomes in a rural federally qualified health center. ASHP Midyear Clinical Meeting. Las Vegas, NV. Dec 2019.

Mvere I, **Selby C**, Rigsby A, Douglass, G. Evaluation of a pharmacist-led comprehensive medication management service provided to patients with diabetes in rural primary care clinics. ASHP Midyear Clinical Meeting. Las Vegas, NV. Dec 2019.

**Selby C**, Jones S, Rigsby A, Douglass G. Escape room activity to teach formative and summative evaluations in a PGY1 program. ASHP National Pharmacy Preceptors Conference. Dallas, TX. Oct 2019.

Garcia A, Jones E, **Selby C**, Herring M. Measuring the effectiveness of a simulated transitions of care activity as a tool for teaching, learning, and student self-awareness. AAHP Fall Seminar. Little Rock, AR. Oct 2019.

**Selby C**, Rutledge S, Clark B, Wright H, Bellcock A, Douglass G, Kamdem LK. Influence of methylenetetrahydrofolate reductase (MTHFR) genetic variant 1298A>C (rs1801131) on response to antidepressants. ASHP Midyear Clinical Meeting. Orlando, FL. Dec 2017.

Encore Presentation: APhA Annual Meeting. Nashville, TN. Mar 2018.

Reid S, Null C, **Selby C**, Gossman K, Evans A. Retrospective review of emergency medicine pharmacists' impact on Centers for Medicare and Medicaid Services sepsis bundle compliance in the emergency department. ASHP Midyear Clinical Meeting. Orlando, FL. Dec 2017.

**Bookout C**, Boyle B, Thornton S, Erbach K, Aykin-Burns N, Dayer L, Castleberry A. Advancing students' learning in a pharmacology course through counseling a cancer patient. UAMS Student Research Day. Little Rock, AR. Apr 2016.

Encore Presentation: Arkansas Pharmacists Association (APA) Annual Convention Student Poster Session. Hot Springs, AR. Jun 2016.

Thornton S, Erbach K, **Bookout C**, Boyle B, Housley C, Castleberry A. Using standardized patients to enhance students' learning in a pharmacology course. University of Arkansas for Medical Sciences Student Research Day. Little Rock, AR. April 2016.

Encore Presentation: APA Annual Convention Student Poster Session. Hot Springs, AR. Jun 2016.

Encore Presentation: American Association of Colleges of Pharmacy (AACP) Annual Meeting. Anaheim, CA. Jul 2016.



### State and Regional Platform Presentations

**Selby C.** Billing and Coding for Tobacco Cessation Services. Arkansas Cancer Coalition Brief Tobacco Intervention Training for Healthcare Providers. Virtual. May 2022, Nov 2022, Feb 2023, Apr 2023, Sep 2023.

**Selby C.** Influence of methylenetetrahydrofolate reductase (MTHFR) genetic variant 1298A>C (rs1801131) on response to antidepressants. MidSouth Pharmacy Residents Conference. Memphis, TN. Apr 2018.

**Selby C.** Transitions of Care. Arkansas Association of Health-System Pharmacists (ASHP) Fall Seminar. Little Rock, AR. Oct 2017.

### Community Presentations

**Selby C.** Statins for Risk Reduction. ARcare Coordinated Care Meeting. Audience: Nurses and dietitians. Augusta, AR. December 2023.

**Selby C.** Medications used in the treatment of diabetes. Baxter Regional Medical Center World Diabetes Day Celebration. Audience: Community members with diabetes. Mountain Home, AR. November 2018.

### Peer Review

**The Senior Care Pharmacist.** 1 Review Completed. 2021 – present

**Mental Health Clinician.** 4 Reviews Completed. 2019 – present

### Service to Harding University College of Pharmacy

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**HUCOP Assessment Committee Member** (appointed) 2021 – present

Committee Chair (2023 – present)

Committee Chair-Elect (elected; 2022 – 2023)

**HUCOP Faculty Search Committee Member** (appointed) 2021

**HUCOP Pharmacy Camp Instructor** 2019 – present

**HUCOP Curriculum Committee Member** (appointed) 2019 – 2021

**HUCOP Prospective Student Interviewer** 2018 – present

**APhA-ASP, HUCOP Chapter** 2017 – present

Chapter Advisor (appointed; 2020 – present)

Patient Counseling Competition Coordinator (2018 – present)

New Practitioner Mentor (2017 – 2020)

## Service to Harding University

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**Faculty Welfare Committee Member** (elected)

2022 - 2024

## Professional Organization Membership & Service

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**American Association of Colleges of Pharmacy (AACP)**

2018 – present

HUCOP Delegate (2024-2025)

Laboratory Instructors SIG Communications Committee Member  
(2022 – 2024)

Substance Use Disorders SIG Communications Committee  
Member (2021-22)

HUCOP Delegate (2020-2021)

**American College of Clinical Pharmacy (ACCP)**

2018 – 2021

Ambulatory Care Practice and Research Network (PRN)  
Membership Committee Member (2018-20)

Education and Training PRN Programming Committee Member  
(2018-19)

**American Society of Health-System Pharmacists (ASHP)**

2017 – 2023

**Arkansas Pharmacists Association (APA)**

2013 – present

Live television appearances (KARK, KATV; segment on  
migraines; 2018)

Organizational Affairs Committee Member (2017-19)

Professional Affairs & Ethical Practices Committee, Student  
Representative (2015)

**American Pharmacists Association (APhA)**

2013 – present

Pain, Palliative Care, and Addiction SIG Communications Committee  
Co-Chair (2022-2023)

Medication Management SIG – Telehealth Committee Member  
(2021-2022)

APhA-Academy of Student Pharmacists (APhA-ASP) HUCOP  
Chapter Advisor (2020-present)

**Arkansas Association of Health-System Pharmacists (AAHP)**

2013 – 2023

Membership and Communication Council Committee Member  
(2022-2023)

## Service to ARcare Practice Site

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### **PGY2 Ambulatory Care Pharmacy Residency Program**

2021 – present

Preceptor and Residency Advisory Committee Member

### **PGY1 Community-Based Pharmacy Residency Program**

2018 – present

Preceptor and Residency Advisory Committee Member