
Lisa J. Ritchie, EdD, RDN, LD
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Academic Background

Ed.D., University of Arkansas - Little Rock, Little Rock, AR, 1999
Dissertation Title: Correlates of Application and Admission to Supervised Practice Programs in Dietetics

M.S.E., Harding University, Searcy, Arkansas, Family & Consumer Sciences, 1985

Dietetic Internship, University of Kansas College of Health Sciences and Hospital, Kansas City, Kansas, 1984

B.S., Harding University, Searcy, Arkansas, Dietetics, 1983

Professional Certifications

Registered Dietitian Nutritionist (RDN), 10830, 1984 (1984-present), Commission on Dietetic Registration, Academy of Nutrition and Dietetics.

Licensed Dietitian (LD), Arkansas Dietetics Licensing Board, 1139, 1989 (1989-present), Arkansas.

Professional Memberships and Offices Held

Academy of Nutrition and Dietetics - Member/Registered Dietitian, 1984-present
Arkansas Academy of Nutrition and Dietetics - Member, 1984-present
Nutrition and Dietetics Educators and Preceptors (NDEP) Practice Group, Academy of Nutrition and Dietetics (AND), 2000-present
Kappa Omicron Nu, 1995-2009
Arkansas Dietetic Association--Chair, Nominating Committee, 2011-2012
Arkansas Dietetic Association--Chair Elect, Nominating Committee, 2010-2011
Arkansas Dietetic Association--Nominating Committee, 2001-2002
Arkansas Dietetic Association - State Professional Recruitment Coordinator, 2000-2002
American Association of Family and Consumer Sciences, 1997-1999
Arkansas Dietetic Association--Chair, Council on Education, 1995-1996

Honors and Awards

Outstanding Dietetic Educator of the Year, 2015, Arkansas Academy of Nutrition and Dietetics

WORK EXPERIENCE

Work Experience

Professor, Harding University (August 2018 – present), Searcy, Arkansas.
Associate Professor, Harding University (August 2006 – July 2017), Searcy, Arkansas.
Adjunct Instructor, University of Central Arkansas (August 1995 - present), Searcy, Arkansas.
Director, Didactic Program in Nutrition and Dietetics, Harding University (August 1989 – May 2019), Searcy, Arkansas.
Nutrition Consultant, ARAMARK (1989 - 2014), Searcy, Arkansas.
Assistant Professor, Harding University (August, 1999 - July, 2006), Searcy, Arkansas.
Lecturer, Harding University (August, 1989 - July, 1999), Searcy, Arkansas.
Nutrition Consultant, Searcy Clinic for Women (1991 - 1997), Searcy, Arkansas.
Clinic Dietitian, Family Practice Associates (1986 - 1997), Searcy, Arkansas.
Nutrition Consultant, Health Corp Inc. (1990 - 1995), Searcy, Arkansas.
Clinical Dietitian, Diabetes Treatment Center - Doctors Hospital (1991 - 1992), Little Rock, Arkansas.

TEACHING

Courses Currently Taught

FCS 3020: Culinary Skills and Food Science II
FCS 3300: Medical Terminology
FCS 3310: Human Nutrition
FCS 3320: Life Cycle Nutrition
FCS 3380: Sports Nutrition
FCS 6400: Medical Nutrition Therapy I
FCS 6450: Medical Nutrition Therapy II

Other Teaching Activities

2022, 2023: Adjunct Instructor, Ouachita Baptist University, Current Findings in Foods (8-week summer course.)
2019: Pediatric Nutrition. Presented to students in the Harding University Communication Sciences and Disorders program.
2014: Medical Foods I & II. Presented to third and fourth year students in the Harding University College of Pharmacy.
2011: Medical Nutrition Therapy in Chronic Disease and Nutrition Counseling for Behavior Change, presented to the HU Physician Assistant Program.
2010: Medical Nutrition Therapy in Chronic Disease and Nutrition Counseling for Behavior Change, presented to the HU Physician Assistant Program.
2001: Nutrition in Pregnancy, presented to students in the College of Nursing.
2009: Harding University Physician Assistant Program, Searcy, Arkansas. Medical Nutrition Therapy (for selected chronic diseases) presented to PA students.
2009: Harding University Physician Assistant Program, Searcy, Arkansas. Contributor/speaker for the Physician Assistant Program student's DVD on Child Care for Foster Parents.
2007: Harding University Physician Assistant Program, Searcy, Arkansas. Alterations in Nutrition Status, presented to PA students.
2000: Nutrition Assessment, presented to students in the College of Nursing.

INTELLECTUAL CONTRIBUTIONS

Presentations (National)

Ritchie, L. J. & Lowry, M. (2014, October). *Let's Dish About Dysphagia*. American Speech-Language-Hearing Association (ASHA), Orlando, Florida.

Presentations (Local)

Ritchie, L. (1999). *Nutrition: Fads, Fiction, and Facts*. Nutrition Advisory Council Conference, Little Rock, Arkansas.

Ritchie, L. (1999). *Healthy Snacking*. Bald Knob Head Start Center, Bald Knob, Arkansas.

Ritchie, L. (2000). *Nutrition for Seniors*. Harding Place, Searcy, Arkansas.

Ritchie, L. (2000). *Delicious Soy*. University Women Affiliated, Searcy, Arkansas.

Ritchie, L. (2000). *Application and Admission to Graduate School (panel member)*. Alpha Chi Graduate School Panel, Searcy, Arkansas.

Ritchie, L. (2000). *Correlates of Application and Admission to Supervised Practice Programs in Dietetics*. Arkansas Dietetic Association Annual Meeting and Exhibits, Little Rock, Arkansas.

Ritchie, L. (2001). *Nutrition in Pregnancy*. Harding University College of Nursing, Searcy, Arkansas.

Ritchie, L. (2002). *Thinking Christianly About Food*. Harding University Lectureship Women's Day, Searcy, Arkansas.

Ritchie, L. (2002). *Healthy Snacking*. Beebe High School, Beebe, Arkansas.

Ritchie, L. (2005). *Eating on the Run*. Searcy Running Club monthly meeting, Searcy, Arkansas.

Ritchie, L. (2005). *Healthy Eating*. Biggest Loser program, Harding University, Searcy, Arkansas.

Ritchie, L. (2006). *Alterations in Nutritional Status*. HU Physician Assistant Program, Searcy, Arkansas.

Ritchie, L. (2006). *Energy Drink Consumption on a University Campus*. Arkansas Dietetic Association Annual Meeting and Exhibits, Little Rock, Arkansas.

Ritchie, L. (2007). *Eating Disorders (panel member)*. Eating Disorders Panel, Searcy, Arkansas.

Ritchie, L. (2007). *Alterations in Nutritional Status*. Harding University Physicians Assistant Program, Searcy, Arkansas.

Ritchie, L. (2009). *Medical Nutrition Therapy for Selected Chronic Diseases*. HU Physician Assistant Program, Searcy, Arkansas.

Ritchie, L. (2011). *Diet and ADHD*. ADHD Support Group, Center for Pediatric Health, Searcy, Arkansas.

Ritchie, L. (2012). *Healthy Eating with MyPlate*, presented to the Searcy Optimist Club.

Ritchie, L. (2013). *Rage against Rumbles*. Harding Academy, Searcy, Arkansas.

Ritchie, L. (2013). *Role of the Registered Dietitian in Patient Care*. Inter-Professional Education Workshop, Searcy, Arkansas.

Ritchie, L. (2013). *Eating for Healthy Aging*. Alzheimer Support Group, Searcy, Arkansas.

Ritchie, L. (2015). *Healthy Eating*. Searcy Sunshine School faculty and staff, Searcy, Arkansas.

Ritchie, L. (2015). *Update on Dietetics Education*. Arkansas Academy of Nutrition and Dietetics Annual Meeting, Little Rock, Arkansas.

Ritchie, L. (2022). *Dietary Strategies to Lower Blood Cholesterol*. Harding University Lunch and Learn, Searcy, Arkansas.

Ritchie, L. (2023). *Nutrition for the Golden Years*. Westside Church of Christ Golden Years program, Searcy, Arkansas.

Grants Awarded

2013: Ritchie, L. Rage against Rumbles, from Kids Eat Right, Collaborator.

Other Publications

2013: Ritchie, L., My View. Harding Magazine

2012: Ritchie, L., Breakfast. ARAMARK Newsletter

2008: Ritchie, L., What's Eating You? Monthly column in ARAMARK Newsletter

2008: Ritchie, L., Travel Snacks (contributor), Gold's Gym Digital Newsletter.

2005: Ritchie, L., a healthy lifestyle with a creative diet, Harding Magazine, Winter 2005.

2000: Ritchie, L., School Breakfast: A Great Adventure (Op-Ed).

SERVICE

Service to the Institution

Faculty Sponsor:

1989-current: Harding University Student Academy of Nutrition and Dietetics

2001-2003: Regina Social Club

1989-1992: Shantih Social Club

University Activities:

2023-present: RDN nutrition counselor, Student Health Services

2023: Member, Review Team for College of Bible and Ministry IPPR Self Study

2022-present: Facilitator, Haunted House and March Madness Interprofessional Education events

2020-2022: Member, Faculty Welfare Committee

2019-2020: Member, Review Team for Computer Science IPPR Self Study

2019-2020: Poverty Simulation

2016-current: Assessment leader for the Department of Family and Consumer Sciences

2015-2022: Night at the Round Table, Interprofessional Education Event

2008-2019: Member, Academic Leaders

2014-2019: Member, Recreation and Wellness Committee

2014: Script Your Future--Health Fairs (joint activities with College of Pharmacy and Nutrition & Dietetics students, 2/8/14, 2/13/14)

2003-2014: Member, Wellness Committee

2014-2015: Health Fair (HU SAND and ARAMARK)

2013: Chair, Presidential Luncheons Committee (part of Transition Committee)

2012-2013: Internship Sub-Committee (part of UAL and AAC)

2009-2010: McNair Scholars Program

2005-2006: Ad-hoc subcommittee to study University policy on incomplete grades

2005-2006: Alpha Chi 2005 Sledge/Benedict Fellowship Selection Committee

2005-2006: Search committee, Department of Communication, for position in Public Relations

2004-2005: Campus Wellness Screening (Nutrition Counseling)

2000-2001: Alpha Chi Graduate School Faculty Panel

1997-1998: FTIC (First Time in College) Freshman Orientation Course

Presentations within the Institution:

2024: Medical Humanities panel; February 10, 2024

2015: Faculty Technology Showcase: Presented on ECHO 360 Lecture Capture, November 12, 2015

2014: The Flipped Classroom and Pearson MyLabs, presented at the Fall 2014 Faculty Technology Showcase

2014: Inter-Professional Education Workshop: Presented at the IP Education Workshop in Fall 2014 as a faculty sponsor.

2013: Health Fair Coordinator (HU SAND partnering with ARAMARK)

2013-2014: Inter-Professional Education Workshop: Presented at the IP Education Workshop in Fall 2013 and attended the Spring 2014 workshop as a faculty sponsor.

2011: Podcasting, for the HU Faculty Technology Showcase

2007: Eating Disorders Workshop, Searcy, Arkansas. Eating disorders awareness panel member.

2007: Harding University, Searcy, Arkansas. E-Learning Panel for new faculty.

2004-2005: HU WebCT Showcase

Service to the Community

Professional Service Activities

1992 – 2009: White County Group Home, Searcy, Arkansas. Nutrition Consultant

2001 – 2002: Member, Arkansas Rice Depot Advisory Board, Little Rock, Arkansas.

Bible Class Teacher

2002 – 2009: Downtown Church of Christ

1996 – 1999: Downtown Church of Christ

1984 – 1992: College Church of Christ

Other Church Activities

2015 – current: Host, Small Group, Downtown Church of Christ

2010 – current: Bibles for Babies volunteer

2010, 2011: Gander Brook Christian Camp, Volunteer

2010: World Mission Workshop, Participant

2004 – 2010: Camp Tahkodah, volunteer

2009 -- 2014: Host, Sunday Night Home Bible Study

2003 – 2008: Dynamic Marriage Enrichment, facilitator

2003 – 2004: High School Home Bible Study, Downtown Church of Christ

2001: Mission Trip to Torreon, Mexico with Downtown Church of Christ

2000: Extended Family Program for University Students, Downtown Church of Christ

2000: University Home Bible Study, Downtown Church of Christ

1997 – 1998: Lads to Leaders Bible Bowl Coach, Downtown Church of Christ

Other Community Service Activities

2008 – 2017: Community partner, Fruit and Vegetable Grant Program, Sidney Deener Elementary School

2007 –2013: Bisons for Christ

2012: Health Fair, Highway Church of Christ (HU SAND and CON and COP)

2007: Member, Children's Ministry Committee, Downtown Church of Christ

1999, 2005: March of Dimes, Neighborhood Volunteer

2003 – 2004: Harding Academy Band Boosters

PROFESSIONAL DEVELOPMENT

Professional Activities

2023: ACEND Clinical Skills Workshop (CPE: 6.25)

2020: Demonstration Program Training on Competency Based Education and Assessment (CPE: 10)

2019: Didactic Program in Dietetics Self-Study Report for Continued Accreditation, Searcy, Arkansas. Submitted to the Accreditation Council for Education in Nutrition and Dietetics (ACEND), January 2019 (co-written with Sarah Oropeza, MPH, RDN, LDN)

2011: Didactic Program in Dietetics Self-Study Report for Continued Accreditation, Searcy, Arkansas. Submitted to the Commission on Accreditation for Dietetics Education (ACEND), December 2011

2007: Supplemental materials submitted to the Commission on Accreditation for Dietetics Education, Searcy, Arkansas.

2007: Program Assessment Report (5-year interim accreditation report) submitted to the Commission on Accreditation for Dietetics Education, Searcy, Arkansas.

2002: Self-Study Report for Accreditation, Didactic Program in Dietetics, Searcy, Arkansas. Submitted to the Commission on Accreditation for Dietetics Education (CADE)

Conferences Attended

2023: Nutrition and Dietetics Educators and Preceptors (NDEP) Spring Meeting and Exhibits (CPE: 11)

2022: It's a Balancing Act: Navigating Ethical Care and the College Experience for Students with Eating Disorders, Renfrew Center Foundation (CPE: 2)

2022: Arkansas Academy of Nutrition & Dietetics Annual Meeting (Virtual) (CPE: 8)

2021: Physical Assessment Lecture & Lab (Virtual), The Academy of Nutrition & Dietetics (CPE: 1.5)

2021: Nutrition and Dietetics 2021 Virtual Conference & Exhibition (CPE: 8)

2021: Nutrition and Dietetics Educators and Preceptors Spring Conference (Virtual) (CPE: 10)

2019: NFPE Hands-On Training Workshop, The Academy of Nutrition and Dietetics, Hospital of the University of Pennsylvania, Philadelphia, Pennsylvania. (CPE: 10)

2019: The False Self: The Complexity of Body Image and Identity Issues in the Treatment of Eating Disorders, The Renfrew Center Foundation, Little Rock, Arkansas. (CPE: 4)

2019: Pediatric Nutrition Conference, Arkansas Children's Hospital, Little Rock, Arkansas. (CPE 6)

2019: Arkansas Academy of Nutrition and Dietetics Annual Meeting, Little Rock, Arkansas. (CPE 5.5)

2018: ACEND Program Director Workshop, Washington, DC. (CPE: 12)

2018: Nutrition and Dietetics Educators and Preceptors Spring 2018 Eastern Region Meeting, Charlotte, North Carolina. (CPE: 10)

2018: Today's Dietitian 2018 Spring Symposium, Austin, Texas. (CPE: 10.5)

2017: 2017 Arkansas Diabetes Symposium: Focus on Treatment Advanced, Nutrition Therapy, Obesity, and Metabolic Syndrome, Little Rock, Arkansas. (CPE 4.5)

2017: Nutrition and Dietetics Educators and Preceptors Central Regional Meeting, Louisville, Kentucky. (CPE 8.5)

2017: Arkansas Academy of Nutrition and Dietetics Annual Meeting, Little Rock, Arkansas. (CPE: 11)

2016: Nutrition and Dietetics Educators and Preceptors Areas 2 and 5 Spring Conference, Memphis, Tennessee. (CPE: 10)

2016: 2016 Arkansas Diabetes Symposium, Little Rock, Arkansas. (CPE: 4.5)

2016: 17th Annual Geriatrics and Long Term Care Update, Little Rock, Arkansas. (CPE 3.25)

2016: Arkansas Academy of Nutrition and Dietetics Annual Meeting, Little Rock, Arkansas

2015: Nutrition and Dietetics Educators and Preceptors Areas 3 and 4 Spring Conference, Denver, Colorado. (CPE: 10)

2015: Arkansas Academy of Nutrition and Dietetics Annual Meeting, Little Rock, Arkansas.

2014: Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits, Little Rock, Arkansas.

2014: Nutrition and Dietetics Educators and Preceptors Area 2 and 5 Spring Meeting, Chicago, Illinois.

2013: Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits, Little Rock, Arkansas.

2012: Arkansas Dietetic Association Annual Meeting and Exhibits, Little Rock, Arkansas.

2011: Dietary Supplements: The Good, the Bad, and the Ugly, Dr. Bill Gurley, Searcy, Arkansas.

2011: Functional Phytochemicals in Plant-Based Foods for Chemoprevention, Searcy, Arkansas.

2011: Arkansas Dietetic Association Annual Meeting and Exhibits, Little Rock, Arkansas.

2010: Arkansas Dietetic Association Annual Meeting and Exhibits, Little Rock, Arkansas.

2009: Arkansas Dietetic Association Annual Meeting and Exhibits, Little Rock, Arkansas.

2009: Arkansas Association of Family and Consumer Sciences Annual Conference, Little Rock, Arkansas.

2008: Introducing Diet Analysis Plus 9.0 (Webinar), Cengage, Searcy, Arkansas.

2008: Blackboard to Moodle Workshop, Searcy, Arkansas.

1992: Arkansas Dietetics Association, Dallas, Texas.

1992: American Home Economics Association, Little Rock, Arkansas.

Other Professional Development

2023: Webinar: Self-Feeding—How to Incorporate Baby-Led Weaning in your Pediatric Nutrition Practice (CPE:1)

2023: Webinar: ACEND Diversity Webinar: Racism in Dietetics Practice (CPE:1)

2023: Webinar: Swallow Screen for Dysphagia: What RDs Need to Know (CPE:1)

2023: Webinar: Diversity, Equity, and Inclusion (ACEND) (CPE:1)

2023: Webinar: Navigating Ethical Care and the College Experience for Students with Eating Disorders (CPE:1)

2023: Webinar: Sharpen Your Edge: Integrating NFPE and Laboratory Assessment (CPE:1)

2023: Webinar: A Deep Dive into GLP1 Agonist (CPE: 1)

2023: Webinar: American Diabetes Association Standards of Care: What's New in the Diabetes Standards in 2023 (CPE: 1)

2022: Webinar: Diabetes Technology: Connecting the Dots for All Patients from BGM to CGM (CPE: 1)

2022: Webinar: Malnutrition: Putting the spotlight on best practices for identifying and managing malnutrition in seniors (CPE: 1)

2022: Webinar: Decoding Prebiotics Using a Patient-Centered Approach (CPE: 1)

2022: Webinar: Insulin Delivery Devices Today and Beyond: What RDs Need to Know (CPE: 1)

2022: Webinar: Desired Professional Skills for Dietetic Interns (CPE: 1)

2021: Webinar: Dietitian to Dietitian Episode 2: Intermittent fasting: healthy habit or fad diet? (CPE: 1)

2021: Webinar: Dietitian to Dietitian Episode 1: Can traditional weight management and an Health at Every Size® approach coexist? (CPE: 1)

2021: Webinar: How to Support Your Immune System During a Pandemic (and Beyond) (CPE: 1)

2020: Webinar: News in Nutrition Therapy for Prediabetes and Type 2 Diabetes: Getting from Didactic to Pragmatic (part 1) (CPE: 1)

2020: Webinar: Every Bite Counts: Nutrition During Pregnancy and Birth to 24 Months (CPE: 1)

2020: Webinar: Gut Check: The Dietitian Download on Prebiotics and Probiotics (CPE: 1)
2020: Webinar: Diversity and Inclusion in Dietetics: Educators as Allies and Advocates (CPE: 1)
2020: Webinar—ACEND Update: The Future Education Model and Competency Based Education (CPE: 1)
2020: Webinar—Your PDP and Practice Competencies: What’s Next and What’s in it for You? (CPE: 1.5)
2020: Webinar—Diversity and Inclusion in Dietetics: Educators as Allies and Advocates (CPE: 1)
2020: Webinar—Gut Check: The Dietitian Download on Probiotics and Probiotics (CPE: 1)
2020: Webinar—Exploring the Research on Fat Diets, Nutrition & Wellness/Military Families Learning Network. (CPE: 1)
2019: Webinar—Demystifying Dysphagia: Strategies, Recipes, and Tips for Implementing IDDSI Guidelines, Bell Institute of Health and Nutrition. (CPE: 1.5)
2019: Webinar—Patient Simulation: Putting Malnutrition Screening, Assessment, Diagnosis, and Intervention into Practice, Abbott Nutrition Health Institute. (CPE: 1)
2019: Webinar—Get Cultured on Fermented Dairy Foods, Presented by the Academy of Nutrition and Dietetics. (CPE: 1)
2019: Webinar—Building a Strong Future: Optimizing Nutrition to Support Strength Throughout Adulthood, Presented by the Academy of Nutrition and Dietetics. (CPE 1)
2019: Webinar—How to Nurture Client Motivation: Using the Measuring Progress Tool, presented by Skelly Skills. (CPE: 1)
2018: Webinar—The Mediterranean Diet and Beyond: Lifestyle Lessons from Europe’s Healthiest Countries, Presented by Today’s Dietitian.
2018: ACEND Accreditation Modules—2017 Accreditation. (CPE: 7)
2018: Webinar—Food as Lifestyle Medicine: Harnessing Your Nutrition Expertise to Inspire Lifestyle Change, Presented by Today’s Dietitian.
2018: Webinar—Be a Pre- & Probiotic Pro: An Overview of the Gut Microbiome, Presented by General Mills Bell Institute of Health and Nutrition.
2017: Webinar—Read Between the Headlines, Presented by Today’s Dietitian.
2017: Webinar—The International Dysphagia Diet Standardization Initiative Framework, Presented by Becky Dorner and Associates.
2017: Webinar—The Human Microbiome: Can Addition of Probiotics to the Diet Really Change People’s Health, Presented by Marley Sugar, RD, LD and the Commission on Dietetic Registration.
2017: Webinar—What’s New in the World of Carbohydrates? Presented by Today’s Dietitian. 2017: Webinar—Meditation for Dietitians: Applications in Science and Life, Presented by Today’s Dietitian.
2017: Webinar—Are You Up to Date? Navigating the 2017 Diabetes Treatment Guidelines, Presented by Becky Dorner and Associates. 2016: Webinar—Dietary Targeting of Inflammation: Modification of Cancer Risk, Presented by Today’s Dietitian.
2016: Webinar—Overview of the Nutrition and Health Attributed of Soy. Presented by Today’s Dietitian.
2016: Webinar—Functional Laboratory Analysis and Personalized Nutrition. Presented by the Academy of Nutrition and Dietetics.
2016: Webinar—The Academy/A.S.P.E.N. Malnutrition Consensus Criteria: Applying Them in Your Practice. Presented by Today’s Dietitian.
2016: Webinar—What Should I Do? What RDNs, NDTRs, and CDMs Need to Know about Ethics. Presented by Becky Dorner and Associates.
2016: Webinar—The Health Benefits of Tree Nuts: A Focus on Weight Management. Presented by Today’s Dietitian.
2014: McGraw-Hill iTeach Majors Nutrition Project, Board of Advisors. As a team, working with authors from August 2013 through December 2014 to complete a chapter-by-chapter review of new text.

2014: Webinar--Selling Health to Shoppers: Strategies for Dietitians, Searcy, Arkansas. Presented by Today's Dietitian (CPE: 1)

2014: Textbook review--Schiff/Stephenson's Nutrition: The Science of Healthy Living, Little Rock, Arkansas.

2014: Dietetics Practice Based Research Network: Where Have We Been and Where Are We Going?, Little Rock, Arkansas.

2014: Nutrition in Medicine: Teaching Medical Students (Webinar), Little Rock, Arkansas.

2013: Boundless: Discovering God in Your Eating Disorder by Ashli Roussel, Searcy, Arkansas.

2013: The Federal Trade Commission's Report on Marketing to Children (Webinar), Searcy, Arkansas.

2013: Hungry and Overweight: How it is possible? (Webinar), Searcy, Arkansas.

2013: Early Weight Gain, Childhood Obesity, and Adult Disease Risk (Webinar), Searcy, Arkansas.

2013: Nutrition Care Manual Update (Webinar), Searcy, Arkansas.

2013: AAFCS Webinar: Preparing Our Students for the Ready World--Are We Doing Enough?, Searcy, Arkansas.

2013: Sous Vide Cooking and Chemistry (Webinar), Searcy, Arkansas.

2013: Motivate Resistant Patients by Changing Your Professional Role (Webinar), Searcy, Arkansas.

2013: From Icebreakers to Topic Starters (Webinar), Searcy, Arkansas. 8/6/13

2013: Textbook review of Schiff/Stephenson's Nutrition: The Science of Healthy Living, 1st edition (chapters 7, 8), Searcy, Arkansas.

2013: Textbook review of Schiff/Stephenson's Nutrition: The Science of Healthy Living, 1st edition (chapters 2, 3), Searcy, Arkansas.

2013: Trans-Fat Webinar, Little Rock, Arkansas.

2012: Food, Fun, and Families: Essential Ingredients in the Fight Against Childhood Obesity, Lecture by Dr. Peggy Sissel-Phelan, Searcy, Arkansas.

2012: Medical Terminology Interactive Online Demo, Pearson Education, Searcy, Arkansas.

2012: Carbohydrate and Saturated Fat: Emerging Research and New Schools of Thought (Webinar), Searcy, Arkansas.

2012: Wiley Nutrition Textbook Focus Group, Searcy, Arkansas.

2011: Getting to the Bottom of the Omega-6: Omega:3 Confusion: A Webcast Featuring Dr. Bill Harris, Searcy, Arkansas.

2011: Is My Pizza Probiotic? (Webinar), Searcy, Arkansas.

2011: Children and Weight: First Do No Harm (Webinar), Searcy, Arkansas.

2011: The Business of Nutrition: How Supermarket RDs Impact Public Health (Webinar), Searcy, Arkansas.

2011: Worried About High Fructose Corn Syrup? The "Problems" Have More Bark than Bite (Webinar), Searcy, Arkansas.

2011: Indirect Calorimetry and Nutrition Practice (Webinar), Searcy, Arizona.

2011: Going With the Grain: Solutions to Achieve 2010 Dietary Guidelines for Fiber Recommendations (Webinar), Searcy, Arkansas.

2011: Food Intolerances: How to Distinguish between Fad and Reality (Webinar), Searcy, Arkansas.

2011: Textbook review of Nutrition Research Methodology proposal, Searcy, Arkansas. Cengage

2011: Textbook review of Jones/Cavanaugh's Acquiring Medical Knowledge, 1/e, Searcy, Arkansas.

2010: Probiotics and Prebiotics in Enteral Feeding (Webinar), Searcy, Arkansas.

2010: Terminating Trans Fats in the Food Supply: What Every RD Should Know (E-learning Self Study), Searcy, Arkansas.

2010: Confused About Probiotics? Here's Help! (Webinar), Searcy, Arkansas.

2009: Probiotic Basics and Applications for Dietitians (Webinar), Searcy, Arkansas.

2009: Scream Free Parenting, Searcy, Arkansas.

2009: Effectively Managing Your Online Discussion (Wimba Webinar), Searcy, Arkansas.

2009: Grant submitted (not funded) to General Mills Champions for Healthy Kids, Searcy, Arkansas.

2009: Dietary analysis program review, iProfile, Searcy, Arkansas. Wiley and Smolin

2009: Contributor/speaker for the HU Physician Assistant Program students' DVD on child care for foster parents, Searcy, Arkansas.

2008: Incorporating Entrepreneurship in your Dietetic Curriculum (Webinar), Jump Start Consulting, Searcy, Arkansas.

2008: Textbook review and follow-up interview for Whitney and Rolfes' Understanding Nutrition, 11th ed, Searcy, Arkansas. Cengage

2007: E-learning panel for new faculty, Harding University, Searcy, Arkansas.

2006: Grant submitted (not funded) to Blue & You Foundation for a Healthier Arkansas, Searcy, Arkansas.

2006: Grant submitted (not funded) for 3-A-Day of Dairy Nutrition Education, Searcy, Arkansas. Submitted to the National Dairy Council

2006: Textbook review of Nutrition Education: A Multicultural Perspective, Searcy, Arkansas. Williams and Wilkins

2005: Focus group for Diet Analysis Plus 7.0/8.0, St. Louis, Missouri. Brooks/Cole, Wadsworth, a division of Thomson Higher Education

2005: Evaluation of online introductory nutrition course, Searcy, Arkansas. Laura May, instructor, Mesa Community College, Mesa, Arizona (as fulfillment of capstone project for MEd in Educational Technology at Northern Arizona University)

2005: Textbook review, Issues and Choices in Clinical Nutrition Practice, Searcy, Arkansas. Lippincott, Williams, & Wilkins

2005: Textbook review, Pocket-sized Clinical Nutrition Text, Searcy, Arkansas. Lippincott, Williams, & Wilkins

2004: Textbook review, Nutrition and Diagnosis-Related Care, 5e, Searcy, Arkansas. Lippincott, Williams, & Wilkins

2004: Textbook review, Nutrition Therapy: Advanced Counseling Skills, 2e, Searcy, Arkansas. Lippincott, Williams, & Wilkins

2004: Textbook review, Nutrition Education for Special Populations, Searcy, Arkansas. Lippincott, Williams, & Wilkins

2002: Textbook proposal review, Community Nutrition: From Theory to Everyday Practice, Lippincott, Williams, & Wilkins, Arkansas. Lippincott, Williams, & Wilkins

2002: Textbook proposal review, Issues and Choices in Clinical Nutrition Practice, Searcy, Arkansas. Lippincott, Williams, & Wilkins

Professional Seminars / Workshops

2016: Webinar: The Health Benefits of Tree Nuts: A Focus on Weight Management, Searcy, Arkansas. (CPE: 1)

2014: Practice Competencies National Validation Study Results (Webinar), Searcy, Arizona. (CPE: 1)

2014: Navigating the Spectrum of Gluten-Related Disorders (Webinar), Searcy, Arkansas. (CPE: 1)

2014: Dairy's Role in Lactose Intolerance (Webinar), Searcy, Arkansas. (CPE: 1)

2014: Managing Food Allergy, Celiac Disease & Gluten Free Needs in Healthcare (Webinar), Searcy, Arkansas. (CPE: 1)

2014: Dietetics Practice Based Research Network: Where Have We Been and Where are We Headed? (Webinar), Searcy, Arkansas. (CPE: 1)

2012: Tasty Culinary Chemistry (Webinar), Searcy, Arkansas.

2011: Update of CADE's 2008 Accreditation Standards, Searcy, Arkansas.

2011: Passing Score Studies and How the Process Works (Webinar), Searcy, Arkansas.

2011: Registration Examination 5-Year Summary Report and How to Use Data, Track Trends, and Evaluate Program Success (Webinar), Searcy, Arkansas.

2010: Arkansas Dietetic Association's Leadership Seminar, Little Rock, Arkansas.

2010: Self-Study Buddy CADE Accreditation Workshop, Houston, Texas.

2010: Arkansas Dietetic Association Board Retreat, Little Rock, Arkansas.

2010: CDR Registration Examinations from Dietetic Practice Audit to Administration (Webinar), Searcy, Arkansas.

2009: What educators have always wanted to know about the Registration Exams but were afraid to ask (Webinar), Searcy, Arkansas.

2009: Online training for the American Dietetic Association's Evidence Analysis Library, Searcy, Arkansas.

2009: Moodle Training, Searcy, Arkansas.

2008: Arkansas Dietetic Association Annual Meeting and Exhibits, Little Rock, Arkansas.

2008: Molly Kellogg's Counseling Intensive for Nutrition Professionals, New York, New York.

2008: Breaking Down Walls: Overcoming Barriers and Obstacles in Eating Disorders Treatment, Little Rock, Arkansas. Sponsored by Remuda Ranch

2008: Nutrition Care Process-Standardized Language, Searcy, Arkansas. Follow-up webinar sponsored by the American Dietetic Association

2007: Coleman Distinguished Family and Consumer Sciences Lecture Series, Searcy, Arkansas. Metabolic Syndrome, Dr. Margaret M. Harris

2002: "Do Interactive Multimedia Simulations Enhance Clinical Reasoning Skills?", program participant, Searcy, Arkansas. USDA-Funded Research Project

2001: Research consortium member, FSMOD: Internet Delivery of Context-Specific Food Safety Modules, Searcy, Arkansas.

1992: Eldermed, Little Rock, Arkansas. Nutrition in the Aged

1992: American Assn. of Diabetes Educators, Arkansas Chapter, Little Rock, Arkansas. The Unconscious Diabetic

1991: American Heart Association, Little Rock, Arkansas. Cholesterol Education Program

Updated January 27, 2024