

Anessa D. Westbrook

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EDUCATION

Doctor of Ministry

June 2015

Fuller Theological Seminary

Research Focus: Spiritual Development of Women

Selected Paper Titles: “Discipleship Circles’: A Discipling Program for Undergraduates,” “Organic Leadership Development,” “A Small Group Spiritual Formation Program for the Class ‘Faith and Mission of the Church’ at Harding University,” and “Spiritual Mentoring for Undergraduate Women.”

Dissertation: “Perceived Need for Spiritual Development among Female Church of Christ Students at a Christian University

Master of Divinity

May 2011

Harding University Graduate School of Religion, Memphis, TN

Certificate in Women’s Ministry

December 2009

New Orleans Baptist Theological Seminary, New Orleans, LA

Master of Arts, Church Growth

May 2003

Harding University Graduate School of Religion, Memphis, TN

Honors: Who’s Who

Bachelor of Arts, Major in Psychology, Minor in Accounting

May 1995

Harding University, Searcy, AR

Honors: Who's Who, Alpha Chi, Delta Mu Delta, Dean's List, Psi Chi

EXPERIENCE

Associate Professor, College of Bible and Ministry

Fall 2021 - present

Assistant Professor, College of Bible and Ministry

Fall 2014 – 2021

Adjunct Professor, College of Bible and Ministry

Spring 2006 - 2014

Harding University, Searcy, AR

- Textual classes (New Testament Survey, Old Testament Survey, Acts, John), Women’s Ministry (Master of Ministry’s Women’s Ministries, and two undergraduate classes: Foundations of Women’s Ministry and Approaches to Women’s Ministry), Christian Families, Anthropology, and General Psychology.
- Served as Lectureship women’s program coordinator.
- Serve as Bloom (formerly WINGS) program coordinator.

Honors College Faculty Fellow, Harding University

Fall 2023-Spring 2026

- Research Mentor
- Alpha Chi National Honor Society Sponsor

Adjunct, Department of Behavioral Sciences

Fall 2008 - present

Harding University, Searcy, AR

- Taught General Psychology and currently teach Cultural Anthropology.

Director, Hurricane Relief Office

Fall 2005

Harding University, Searcy, AR

- Organized student campaign groups to the New Orleans area.

Missionary to Hungary

1995-2003

Mission work overseen by Bammel Road Church of Christ, Houston, TX; but supported by many.

- Worked with team that planted 3 churches; ministered to children and teens; taught English-Bible, children's, and ladies' classes; organized ladies' events, benevolence, and campaigns.

CONTINUING EDUCATION IN TEACHING

The Association of College and University Educators and the American Council on Education

Certificate in Effective College Instruction (September 22, 2020)

Center for Teaching and Learning at Harding University

“Champion” Level Certificate, 2022-23

“Champion” Level Certificate, 2021-22

“Champion” Level Certificate, 2019-20

“Champion” Level Certificate, 2018-19

Center for Learning with Technology

Panelist at the Faculty Technology Showcase (February 2022)

Demonstrated Respondus at the Faculty Technology Showcase (September 2016)

Current Memberships

Stone-Campbell Journal

PUBLICATIONS

Reaching and Discipling Women: A Guide to Women's Ministry in Your Church

Book on basic theology and theory for beginning a women's ministry. (2023)

Adaptable for Life

Chapters on three minor prophets. Publication date TBA. Published by Wipf and Stock.

The New Birth

Book co-authored with Dr. Michael Strickland. Published by Renew. (July 23, 2021)

Mosaic (Formerly Known As “Charis”) Online Abilene Christian University publication.

- “The Complicated Task of Forgiveness” (January 2024)
- “When the Cold Sets In” (October 2023)
- “Developing a Thankful Heart” (June 2023)

- “The Christian Concept of Hope” (April 2023)
- “The Role of Mentoring and Discipleship in a Women’s Ministry” (March 2023)
- “The Call to Remain” (February 2023)
- “The Power of a Life Lived Faithfully” (January 2023)
- “Spiritual Gifts in a Women’s Ministry” (December 2022)
- “Designing and Proposing a Women’s Ministry” (October 2022)
- “Sharing the Mighty Deeds of God” (October 2022)
- “Why Women’s Ministry Matters” (September 2022)
- “Influencing Main Characters” (August 2022)
- “Serving with Love” (June 2022)
- “Young People, Big Impact” (April 2022)
- “Collateral Faith” (February 2022)
- “Preparing the Next Generation of Thinkers” (October 2021)
- “Partial Fasting for Spiritual Growth” (August 2021)
- “The Challenge and Opportunity of Discontinuous Change” (June 2021)
- “Rebuilding Bridges” (April 2021)
- “Faith Development and Women” (February 2021)
- “Don’t forget the spouses!” (December 2020)
- “What should ministry look like during a pandemic?” (August 2020)
- “The Important Role of Intentional Experiences” (June 2020)
- “Starting with a Clean Slate” (February 2020)
- “Tis the Season for Reflective Planning” (December 2019)
- “Developing Community” (October 2019)
- “Spiral of Silence” (June 2019)
- “Growing Season” (April 2019)
- “The Elements of Good Mentoring” (Feb. 2019)
- “Mentoring as a Tool for Transformation” (Oct. 2018)
- “The Greatest Gift” (Aug. 2018)
- “Refining Our Approach” (June 2018)
- “Teaching Women Effectively” (April 2018)
- “The Role of Intentional Affirmation in Female Development” (Feb. 2018)
- “Envisioning the Dream of Ministry” (Dec. 2017)

Discernment: Theology and the Practice of Ministry (peer-reviewed e-Journal)

“The Perceived Need for Spiritual Development among Female Church of Christ Students at Harding University.” Vol. 2, Issue 1 (2016)

CAMT Wellspring: Resources for Women’s Ministry (Internet Publication)

Managing Editor

2008 - 2011

Christian Woman magazine

- “Showers of Blessings” (Sept./Oct. 2014). An eight lesson Bible study on Ezekiel 34.
- “Hope, the Anchor of our Souls” (Mar./April 2013). An eight lesson Bible study on hope.
- “Light Has Come Into the World” (May/June 2011). An eight lesson Bible study on John.
- “We Must Pay More Careful Attention” (Sept./Oct. 2009). An eight lesson Bible study series on themes found in Hebrews 2.
- “The Voice of Thanksgiving” (Nov./Dec. 2008). An eight lesson Bible study series on themes found in Psalm 26.
- “Creating an Effective Classroom Experience Using *Christian Woman* Bible Lessons” (Nov./Dec. 2008).
- “Test Everything” (Sept./Oct. 2006). An eight lesson Bible study series on themes found in I Thessalonians 5:21.
- “The Faith of Our Fathers” (Jan./Feb. 2006).

Still Living by Faith: A Collection of Lectures by Annie May Alston Lewis

Proofreader

2010

PRESENTATIONS

- 2023. “The Holy Spirit’s Role.” Siloam Spring Church of Christ Ladies Retreat.
- 2023. “Intentional Living.” Siloam Spring Church of Christ Ladies Retreat.
- 2023. “Developing Your Rule of Life.” Siloam Spring Church of Christ Ladies Retreat.
- 2023. “Following God.” Siloam Spring Church of Christ Ladies Retreat.
- 2023. “A Menu of Mentoring Methodologies.” Harding University Lectureship.
- 2023. “Intentional Living.” Baltic Family Camp (Lithuania)
- 2023. “Using Your Spiritual Gifts.” Baltic Family Camp (Lithuania)
- 2023. “Developing Your Rule of Life.” Baltic Family Camp (Lithuania)
- 2023. “Following God.” Baltic Family Camp (Lithuania)
- 2022. “Living Intentionally.” College Church of Christ (Searcy, AR).
- 2022. “Finding Sanctuary & the Transformational Power of Gratitude.” College Church.
- 2022. “Spiritual Foundations of Women’s Ministry.” Harding University Lectureship.
- 2022. “Theoretical Foundations of Women’s Ministry.” Harding University Lectureship.
- 2022. “Practical Foundations of Women’s Ministry.” Harding University Lectureship.
- 2022. “The Calling Card of Christianity.” San Jose Church of Christ (Jacksonville, FL).
- 2021. “Influencers in Scripture.” Bloom Conference (Searcy, AR).
- 2019. “Moving Forward with Intentional Living.” Bella Vista Church of Christ (AR).
- 2019. “Moving Forward as Women Serving.” Bella Vista Church of Christ (AR).
- 2019. “Sisters Growing Deeper.” Cloverdale Church of Christ (Searcy, AR)
- 2019. “Depression.” Cloverdale Church of Christ (Searcy, AR)
- 2019. “Prodigal Children.” Cloverdale Church of Christ (Searcy, AR)
- 2019. “Infertility.” Cloverdale Church of Christ (Searcy, AR)
- 2019. “Sexual Addiction and Pornography.” Cloverdale Church of Christ (Searcy, AR)
- 2019. “When Men Are Not Spiritual Leaders.” Cloverdale Church of Christ (Searcy, AR)

- 2019. “Two Paths: Working Women and Working Stay at Home Moms.” Cloverdale.
- 2019. “Making Sense of Spiritual Gifts.” Westside Church of Christ (Airway Heights, WA.)
- 2019. “Living Intentionally to Use Our Gifts.” Westside (Airway Heights, WA)
- 2019. “What the New Testament Says About Women.” Westside (Airway Heights, WA)
- 2018. “God of Holiness.” Keynote at Harding University Lectureship.
- 2018. “Intentional Living through Your Rule of Life.” (Arkansas Ministers and Wives Day). Harding University.
- 2017. “How Does the Bible View Women?” (2 part series) Harding University Lectureship.
- 2017. “Finding Sanctuary and the Transformational Power of Gratitude.” (Klesis. Australia)
- 2017. “Living Intentionally.” (Klesis. Australia)
- 2017. “Spiritual Formation.” (Klesis. Australia)
- 2017. “Bloom Where You are Planted—Living for God in Our Communities.” (Klesis. Australia)
- 2017. “Moving Forward as Women Serving.” (WINGS). Harding University.
- 2016. “Bloom Where You are Planted—Living for God in Our Communities.” (Spokane Valley, WA).
- 2016. “Understanding Biblical Femininity—Deciphering the Tricky Passages.” (Spokane Valley, WA).
- 2016. “The Upside Down Kingdom—The Powerful Testimony of a Powerless Woman.” (Spokane Valley, WA).
- 2016. “The Mary-Martha Dilemma—Balancing Being vs. Doing.” (Spokane Valley, WA).
- 2016. “Factors Contributing to Female Recognition of Need for Spiritual Development.” (Society for Professors in Christian Education, Orlando, FL).
- 2016. “Factors Contributing to Female Recognition of Need for Spiritual Development.” Stone-Campbell Journal Conference (Johnson University, Knoxville, TN).
- Assumed leadership for Ladies’ Lectureship Programs. Harding University.
- 2015. “Making Godly Choices.” Beebe Church of Christ College Girls Day (Beebe, AR).
- 2015. “Portraits of Faithful Women.” Beebe Church of Christ Girls Day (Beebe, AR).
- 2015. “Leading Women Effectively.” Training the Trainer Workshop. Legacy Church of Christ (North Richland Hills, TX).
- 2014. Assumed leadership for Women in God’s Service Conference (WINGS). Harding U.
- 2014. “Standing in the Gap.” Harding University lectureship.
- 2014. “Transformed.” A 7-lesson guided retreat series on thankfulness.
- 2013. “Spiritual Gifts.” Poplar Bluff Church of Christ (Poplar Bluff, MO) keynote.
- 2013. “Hope.” Cloverdale Church of Christ (Searcy, AR) ladies’ retreat keynotes.
- 2013. “When Bad Things Happen to Good People.” WINGS. Harding Univ.
- 2012. “Stones of Witness.” Harding University Lectureship keynote.
- 2012. “Leading the Journey.” Harding University lectureship.
- 2012. “Journeying Together.” Harding University lectureship.
- 2012. “A Purposeful Legacy.” WINGS. Harding University.
- 2011. “Women’s Role Reframed.” Harding University Lectureship.
- 2011. “Repent and Refresh.” Boonville Church of Christ ladies’ day.
- 2011. “Messianic Prophecy,” series. Cloverdale Church of Christ

- 2011. “Raising the Veil of Biblical Womanhood.” WINGS. Harding University.
- 2010. “The Proverbs 31 Woman,” series. College Church of Christ.
- 2010. “Hosea,” series. Harding Place ladies’ Bible class.
- 2010. Moderator/coordinator of teen’s track at WINGS. Harding University.
- 2009. “History 101, Reading 101, Writing 101.” Beebe Church of Christ ladies’ retreat.
- 2009. “Laughter and Tears.” Harding University Lectureship.
- 2009. Highway Church of Christ ladies’ retreat.
- 2009. Devotional Speaker. Christian College Librarian’s Conference.
- 2009. Presenter/Lead Organizer. Master of Ministry Women’s Ministry Conference.
- 2009. Moderator/Coordinator of women’s ministry track at WINGS. Harding University.
- 2008. “Walking in the Light.” Harding University Lectureship.
- 2008. Split chapel speaker. Harding University.
- 2008. “Mythbusters.” WINGS. Harding University.
- 2008. Szolnok Ladies’ Day. Szolnok, Hungary.
- 2008. “Placing Your Stone,” 13-week series. Cloverdale Church of Christ.
- 2007. “Developing Inner Resilience.” Harding University Lectureship.
- 2007. “Reaching Up and Reaching Out.” Harding University Lectureship.
- 2007. “Placing Your Stone,” 13-week series. College Church of Christ.
- 2007. “Teaching Kids to Be Free.” WINGS. Harding University.
- 2007. “Ancient Voices: Women in Church History” series. Cloverdale Church of Christ.
- 2006. “John.” Szolnok Ladies’ Lectures. Hungary. “Legacy.” Debrecen, Hungary.
- 2006. “Legacy” (series). Harding School of Biblical Studies Wives Program.
- 2006. “Perfectly Imperfect.” Harding University Lectureship.
- 2006. “What I Wish I’d Known.” Harding University Lectureship.
- 2003. Keynote. Holden Avenue Church of Christ ladies’ day.
- 2000. Keynote. Holden Avenue Church of Christ ladies’ day.

CHURCH INVOLVEMENT

- 2023-present. Ladies’ Bible Class Teacher at College Church of Christ.
- 2019-present. Director of Women’s Ministries at College Church of Christ.
- 2022-2023. Rock House Girls, a Bible study through Rock House Campus Ministry.
- 2019. Steering committee for “Vision for the Road Ahead” planning project.
- 2016-present. Special projects mission committee member. (Great Commission Sunday)
- 2016-2021. Served on the College Outreach Committee which assists with special projects.
- 2014-2021. Home Bible study host/leader with College Church College Outreach.
- 2014. Jr. High small group leader.
- 2012-2019. Work with the women’s ministry as co-director.
- 2012. Assisting women’s ministry with organizing involvement forms.
- 2012. Helped organize Workshop Eastern Europe.
- 2011-2014. Involved with Wednesday night ladies’ daily Bible reading group.
- 2011-2016. Active, floating sub for children’s Bible classes.

- 2010. Taught/organized Wednesday night ladies' series on Proverbs 31.
- 2010. Helped with Body Builders on Sunday nights.
- 2009 - 2010. Lads to Leader's Bible bowl coach.
- 2008-present. Cradle roll volunteer.
- 2008. Supervised ladies' Bible class summer series.
- 2007-present. Female coordinator for Marriage Mentoring Ministry (through women's ministry and under education deacons).
- 2007-2010. Lads to Leader's girl's speech coach.
- 2007-2009. Helped with Wednesday night Bible class for college students.
- 2007. Taught ladies' Bible class summer series, "Placing Your Stone," on Wednesdays.
- 2007. Involved in Backyard Bible School.
- 2003-2009. Helped with College Church ladies' day. Co-director 2006.
- 2003-2008. Worked with VBS as refreshment coordinator, teacher, and nursery co-coordinator.
- 2003-2006. Taught and assisted in Bible classes on various levels from nursery to 5th grade.
- 2003-2005. Taught WBS.
- 2002-2003. Wednesday night home Bible study for students interested in missions.
- College Church supported our mission work in Hungary.